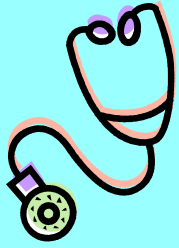


April 2013



Grange Farm Medical Centre

April 2013 Newsletter



Your local **NHS**
GP surgery
in Bilborough.

ABC Reviews

Dear Patients,

We have a little change to make to your calendar; one that will hopefully make life a little simpler!



Many of you may be familiar with the annual routine of booking medication reviews, COPD reviews, Diabetic reviews, Asthma reviews... the list goes on!

We have now begun to implement a simpler scheme; the Annual Birthday Check.

Each year leading up to your birthday you will receive a letter from the surgery reminding you to book your Birthday Review. This way we can try and match up all the reviews you need into

one month, with the aim of one long appointment, and hopefully save you many a repeated trip!

Of course, if you have a condition that requires half-yearly reviews, we will send you an extra letter six months from the first to remind you to make an appointment.

Hopefully this will make things a little simpler for all!

From all the team at Grange Farm Medical Centre

Our Contact Details:

17A Tremayne Road ,
Bilborough,
Nottingham NG8 4HQ

Tel: 0115 837 0958
www.gfmc.org.uk
contact.us@gfmc.org.uk

For more information, visit www.gfmc.org.uk, or our Facebook page



COMIC RELIEF EVENT

Last month as we all know, was Comic Relief, so we at Grange Farm decided to have a little fundraiser and hosted a Bake-Off competition here at the surgery. It was great to be joined by some of the local groups such as the Carol Burrell from YMCA Exercise; Kylie Halls

from Slimming World; Toni Esberger and Rob Bryant from Nottingham Circle and our neighbouring Scout troupe who held a tombola to help us raise some money!

Congratulations to our star bakers; all the entries were wonderful! The winners were; Olivia for the Best Healthy Cake; Cara for Best Celebration Cake; Megan for Best Junior Cake.



But the biggest thanks go to all that attended and helped us raise a fantastic £202.11 for Comic Relief!!



WINNER OF 4 TICKETS FOR NOTTS COUNTY FC!!

Notts County FC's 'Motivate' team were sadly unable to make our event last month, but very kindly donated 4 tickets for us to raffle off to raise money. Raffle tickets were on sale at £1 per ticket at reception in the surgery until Tuesday 2nd April.



Congratulations go to the holder of ticket lucky number 13!

Thank you to all who entered and helped to raise £33.00 leading to a grand total of £235.11



RND13/055 Comic Relief, registered charity 328568 (England/Wales), SC039730 (Scotland).

Grange Farm Medical Centre is the sister practice to Derby Road Health Centre 336 Derby Road, Lenton, Nottingham. NG7 2DW Tel: 0115 8377 987 ww.drhc.org.uk