



## Summer Holidays

Dear Patients,

That time of year is approaching fast and we can't wait to for some warm (and hopefully dry!) weather.

Many of you will be planning to get away at some point over the summer whether it be for some R&R or to explore some different, exciting cultures. Either way, we would like to remind you to check whether you are fully up-to-date with the vaccinations you may need.

Here at Grange Farm; we offer travel vaccinations for all your holiday destinations. What we ask of you is that you ensure you have filled out one of our Travel Questionnaire forms (available from either reception or our website) and have handed it to a

member of the reception team before booking your appointment.



It is essential that you prepare in advance as we cannot offer this service if you are due to travel less than two weeks before your scheduled vaccinations.

We wish you all a safe and enjoyable trip wherever you might be going.

From all the team at  
Grange Farm Medical Centre

*Join the discussion on our  
Facebook page and tell us your  
dream destination!*



Find us on  
**Facebook**

# Patient Participation Group

*Are you interested in having your say about how your surgery provides patient services?*

*Leave your details at reception and we will contact you with details of the next meeting*

The PPG meets two to three times a year to discuss your needs and the services we provide. Patients meet with the practice manager, staff members, and one of our GPs attends the meetings whenever possible.



## Do you know what *your* BMI is?

Record yours today with our new Body Mass Index machine in the waiting room. Hand your slip over to the receptionist once you've finished so we can update your records.



## Our Contact Details

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or find us on Twitter and Facebook



Find us on  
**Facebook**

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