



Christmas Cards Already?!

Dear Patients,

It seems like only last week we were donning our shorts and flip flops and enjoying the fantastic weather but now Autumn has hastily crept up on us and all the premature promotions of the winter celebrations with it! There are plenty of different things to look forward to in Nottingham

over the next few months such as Halloween and Bonfire Night.

We are barely out of September and yet we are already seeing the shops filled with Christmas cards and a tree(!) on top of the Riverbank on the Trent Bridge. One at a time please, we say.

Our big event of the season here at Derby Road is 'Flu Jabs'! Whilst this event isn't quite such family fun, it is an annual essential for all patients over 65 and also those with chronic illnesses and respiratory diseases so don't forget to book yours soon! This year the NHS are introducing a



nasal spray flu vaccine which is available only for children aged two and three years old as part of the NHS childhood vaccination programme. Over time, as the programme rolls out, all children between the ages of two and 16 will be vaccinated against flu each year with the nasal spray.

Children eligible for this will be sent out an invitation by the surgery team.

Also, new to the NHS vaccination scheme is the Shingles vaccination. This, again, is a rolling pro-

gramme which is why invites only extend to those aged 70 OR 79 and not those in-between.

For more information on when clinics are running, please call Reception on 0115 8377987.

From all the team at Grange Farm Medical Centre

Join the discussion on our Facebook page and tell us your

Bonfire Night Plans!



Find us on
Facebook

Your Information Shared



PLEASE READ:

Recent national developments have changed the ways in which the information we hold about you is shared. We are currently producing a leaflet for all patients that will explain about what information is shared with whom and what you need to do as



a patient to opt in or out of sharing.

The leaflet will be available by the end of October in the surgery and on our website at **www.gfmc.org.uk**

It is important that you read this leaflet and let us know your preferences.

Patient Satisfaction Survey

It's that time of year again when we ask for your opinion on your local GP surgery. This month we will be handing out a survey to give you the opportunity to voice your opinions and thoughts on what you like; what we're doing well with; and what improvements you feel could be put in place to make your treatment here at Grange Farm more pleasant and efficient.

Your answers will be collected and analysed completely anonymously and

confidentially.

All we ask is for you to take a few minutes to complete our survey.



If you wish to participate you can either;

- > Ask for a form at Reception,
- Or
- > Complete the questionnaire online visit: **www.gfmc.org.uk**

DID YOU KNOW?

Automated Appointment System

Our automated appointment system now releases some 'next-day' appointments at 9pm. Just ring **0115 9738828** and follow the instructions. As long as you have registered your telephone number with the surgery you will be able to check, book and cancel appointments with the GP using this system.

Step One: Make sure we have your correct phone number on file.

Step Two: Dial 0115 9738828 and select 'Option 1' for Derby Road Health Centre.

Step Three: Enter your DOB as six digits (eg. 010154)

Step Four: Enter your phone number and press the star key (eg. 07123 456789*)

Appointment Options:

Press **1** to book into the Minor Illness Clinic

Press **2** to book a GP appointment

Press **3** to book a Blood Test

Our Staff

We would like to welcome Dr Sarah Hardy who will be with us until January. Dr Hardy is a locum GP and will be running several sessions a week with us to maintain the high standard of care given to you at Grange Farm.

Patient Reviews

"Excellent service from all the staff on reception, nurses and the doctors. Great service always."

"Makes going to the doctors a pleasure. You are all lovely."

"The staff at the surgery are a credit to their profession. Very helpful and courteous."

Keep up the good work."

"I was treated politely and friendly. This is a lovely practice and I am very glad I enrolled here."

"I found this surgery very good. The doctors are extremely helpful, its the best surgery I have been to."

"I would like to say I am very impressed with the treatment I am getting, it gives you peace of mind. All the staff are first class."

See more of our reviews on the www.nhs.uk/services webpage.

We thank you for all your kind comments!

Patient Participation Group

Are you interested in having your say about how your surgery provides patient services?

Leave your details at reception and we will contact you with details of the next meeting

The PPG meets two to three times a year to discuss your needs and the services we provide. Patients meet with the practice manager, staff members, and one of our GPs attends the meetings whenever possible.



Services and Clinics

BABY CLINIC

Our weekly *drop-in* Baby Clinic takes place on

Wednesdays

1pm to 3pm

YMCA EXERCISE

This is available by referral only and is provided by Carol Burrell from YMCA and is at Grange Farm on

Tuesday Mornings

NEW LEAF

This is a weekly *pre-bookable* service for help and advice on how to stop smoking and will take place on

Tuesdays Mornings

Our Contact Details

**17A Tremayne Road ,
Bilborough,
Nottingham NG8 4HQ**

**Tel: 0115 837 0958
www.gfmc.org.uk
contact.us@gfmc.org.uk**

For more information, visit www.gfmc.org.uk or find us on Twitter and Facebook



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**Grange Farm Medical Centre is the sister practice to Derby Road Health Centre
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