

# Newsletter

 Grange Farm  
Medical Centre  
July 2022

## Welcome to the first Grange Farm newsletter by NCGPA!

Our newsletters will be issued quarterly and aim to provide information you may find useful as well as practice news.

Thank you for your patience while we get our staffing levels back up. We are currently recruiting for new team members including nursing, and reception. While we don't have a full bank of nursing staff, please be assured that we are working closely with our colleagues at Bilborough Medical Centre and their nursing team to provide nurse appointments for you. Appointments will either be here, at Grange Farm, or at Bilborough Medical Centre on Bracebridge Drive.



## Annual Reviews

We are currently working through annual reviews for all patients. If you are overdue, or due, your next annual review you should have been contacted.

If you haven't received any messages from the practice about your annual review, please contact the reception team.

## Zero Tolerance

We would like to remind all patients that our staff come to work to care for others. We aim to treat our patients courteously at all times and expect our patients to treat our staff, and each other, in a similarly respectful way. Threatening, abusive or violent behaviour against any of our staff or patients is taken very seriously and may result in removal from our practice list.

## Patient Participation Group

### We are recruiting for Patient Participation Group members...


Would you like to be a friend of the practice, advising the us on the patient point of view? Speak to our reception team for more information on how you can join the group and begin sharing your thoughts on how we can make changes. Joining is completely free and anyone is welcome!

## Face Coverings

Please remember to continue to wear face coverings to protect other vulnerable people, as well as our practice team.



Thank you!

 UK Health Security Agency



## Out in the sun?

Beat the heat by **keeping cool, drinking lots of water and wearing sun cream** to protect against high UV.

## Yearly prescriptions

### Did you know you can pay a yearly fee for your prescriptions?

If you have multiple items on your prescription, you may be able to save money by using the Prescription Prepayment Certificate (PPC) that is offered by the NHS.

For more information, speak to the pharmacist when you collect your medication up.



## Follow us on Facebook

You can follow the practice on Facebook to get updates, general information and healthcare advice!

@grangefarmmc - [www.facebook.com/grangefarmmc](https://www.facebook.com/grangefarmmc)

## Grange Farm Medical Centre

Opening Hours: Mon to Fri 8am-6:30pm

PLEASE CONTINUE TO WEAR A FACE COVERING WHEN IN THE SURGERY.

Appointments are offered with GPs, Clinical Pharmacists, Practice Nurses, HCAs and a range of additional roles such as Social Prescribing Link Workers and Health & Wellbeing coaches

All patients can access evening & weekend appointments at **GP+** in Nottingham city centre.  
**For medical advice outside of these times please call 111. For emergencies ONLY call 999**